



Name: \_\_\_\_\_

For Teacher Use To Evaluate Student Understanding of Elementary Level Lessons

## Discover Dairy Lesson Series Evaluation

**Read the questions and circle the correct answer. Make sure you complete both sides of the evaluation:**

- Which of the following is NOT a career related to the dairy farm?
  - Herdsperson
  - Veterinarian
  - Chemist
  - Nutritionist
- How do farmers care for their cows?
  - By providing regularly veterinary check-ups.
  - By providing a constant supply of water.
  - By feeding each cow to meet her dietary needs.
  - All of the above
- What is the process of heating milk to high temperatures to ensure it is safe?
  - Boiling
  - Homogenization
  - Filtration
  - Pasteurization
- Where and how many times is milk tested for safety and quality?
  - Once on the dairy farm and once at the grocery store
  - Multiple times while it is at the dairy farm; in the milk truck; the processing plant; and before arriving at the grocery store
  - Multiple times at the processing plant and at the grocery store
- Who is responsible for taking care of the environment?
  - Dairy Farmers
  - Business Owners
  - Families
  - Everyone
- What do dairy farmers recycle on their farms? (*circle all that apply*)
  - Water
  - Feed
  - Dirt
  - Manure



7. What do dairy farms provide for the local community?

- A. Milk
- B. Money
- C. Jobs
- D. All of the above

8. What is a natural resource? *(Circle all that apply)*

- A. Something we get from the environment.
- B. Something that is built by or comes from money.
- C. Something we depend upon for comfort or help.

9. What would be considered a good choice?

- A. Eating a banana and low-fat chocolate milk after school
- B. Playing on the playground for 60 minutes after school
- C. Eating low-fat cheese and crackers after school
- D. All of the above.

10. How many cups of milk and dairy products should you eat every day?

- A. 3 cups
- B. 1 cup
- C. 2 cups
- D. 4 cups

11. Which food groups is the most important to choose from for good health?

- A. Grains
- B. Milk and Dairy
- C. It's important to choose foods from all food groups.
- D. Vegetables and Fruits
- E. Protein

12. How do milk and dairy products help your body? *(Circle all that apply)*

- A. The calcium in milk builds strong bones and teeth
- B. The protein in milk helps build and repair everything in the body
- C. The riboflavin in milk helps turn food into energy
- D. The potassium in milk helps keep blood pressure normal

