Discover Lesson 1 - Upper Leve Lab 1.1: Selective Breeding in Dairy Cattle

Part 1 — Selective Breeding

Farmers work with artificial insemination companies that have a vast array of bulls they can choose from, and they often work with someone who mates their cows by traits to find the perfect match for their genetic make-up. Through using this process of genetic selection, farmers have been able to dramatically improve both the productivity and longevity of cows in the past 50 years.

In this lab exercise, students should compare and contrast traits of three dairy cows and evaluate the list of six bulls on page 2 of this exercise. Identify the best dairy bull to balance each dairy cow's traits. Each cow and each bull has a "PTA Score" for milk, fat, protein, production life (a measurement of longevity), type (a measurement of their overall appearance), udder score, and feet and legs. The "PTA Score" compares the bull or cow's evaluation to the breed average for that trait.

Look for the traits that are negative in the cow and try to improve upon those with bulls that are positive in those traits. Make sure negative traits in the bull do not pull the cows' positive traits down. Try to choose the bull that balances all the cow's traits the best. The individual cows are listed below, and descriptions of the bulls are listed on Page 2. You may only use each bull once.

Cow No. 1 Gra	acistate Rubens	s Tessie					
PTA Scores:	-320 Milk +1.93 Type	- 9 Fat +4 Protein +2.22 Udder Composite	+1.3 Production Life +.95 Feet & Leg Composite				
First Bull Choice for Tessie:							
Explain Bull Ch	oice:						
<u>Cow No. 2</u> R-S	S-F Prestar Rev	lon					
PTA Scores:	-2351 Milk 13 Type	- 59 Fat - 52 Protein +.03 Udder Composite	+.1 Production Life30 Feet & Leg Composite				
First Bull Choic	e for Revlon: _						
Explain Bull Ch	oice:						
Cow No. 3 Ric	hdale Igniter D	eanna					
PTA Scores:	+148 Milk +1.28 Type	+10 Fat +2 Protein +1.2 Udder Composite	+0.0 Production Life +.14 Feet & Leg Composite				
First Bull Choic	e for Deanna: _						
Explain Bull Ch	oice:						





DISCOVER Lesson 1 - Upper Leve Lab 1.2: Feeding a Dairy Cow's Lifestyle

Part 2 Lab Component:

Needed for exercise (per student or group)

- 1 cup spinach
- 1 cheese stick

- Baby or whole carrots
- One 12 oz. cup of orange juice

A healthy, well-cared-for cow will give more milk. The way farmers care for their cows and how they feed them has helped to increase the amount of milk cows give over the past 50 years.

- Just like our diets, a cow's diet must be balanced based on her stage of life. For instance, a baby calf requires higher energy foods to fuel her rapid growth.
- A cow that has just given birth requires higher levels of certain nutrients to replenish her body. Farmers must adjust feed rations to accommodate those needs.
- To balance cows' diets to meet their precise nutrient needs, farmers work closely with a nutritionist and use a variety of feed products.
- Farmers ensure cows have a fresh, clean supply of water throughout their life cycle. Cows have constant access to fresh, clean water.

Students should use **carrots, spinach, cheese and orange juice** to make a snack of a spinach salad and orange juice that meets the required nutrients listed on the page. They should use a weight scale to measure the right amount of each feed. Measuring cups can be used in place of the scale if necessary. This exercise is designed to simulate how farmers use a large feeding scale to balance and weigh each feed to meet the cow's precise nutrient needs.

Steps to Lab Exercise:

- 1. Weigh each of the foods and record. If you are using measuring cups, here are translations:
 - 1 cup of **spinach** weighs 30 grams.
 - 2 baby carrots weigh about 15 grams.
 - 1 stick of **string cheese** weighs about 24 grams.
- 2. Divide carrots, spinach and orange juice into serving sizes. A serving size for each is as follows:
 - Carrots 15 grams
 - Spinach 30 grams
 - Orange Juice 8 ounces
- 3. Use the table on the back of this page to balance the four foods to make a snack of spinach salad and orange juice with the following total nutrient content:
 - 299 total calories
 - 13 grams of protein
 - 370 mg of Calcium
 - 2.65 mg of Iron
- 4. Use the table on page 2 of this exercise to determine what percentage of the total salad each food represents in weight.



Discover Descover Beyond the Refrigerator Lab 1.2: Feeding a Dairy Cow's Lifestyle

Use a piece of scrap paper to balance the four foods to meet the nutrient requirements for the snack. Blend the ingredients together once you have determined the right amounts of each. Write the correct answers below and include the amount of each nutrient provided by the corresponding food. Calculate what percentage of the salad's total weight each food type is.

	<u>Weight</u> (in grams)	<u>Calories</u>	<u>Protein</u> (grams)	<u>Calcium</u> (mgs)	<u>lron</u> (mgs)	<u>Percent of</u> <u>Total Weight</u>
Spinach						
String Cheese						
Carrots						
Orange Juice						

Total Amount Required for Snack: 299 calories, 13 g Protein, 370 mg Calcium & 2.65 mg Iron. Nutrients found in one serving size of each food are listed below.

String Cheese	Spinach	Carrots	Orange Juice
1 stick (24 grams)	30 grams	15 grams	8 ounces (226 grams)
100 calories	7 calories	5 calories	112 calories
7.2 grams protein	1 grams protein	0 grams protein	2 grams protein
214 mg Calcium	39 mg calcium	0 mg calcium	26 mg calcium
0 mg Iron	¹ ∕₂ mg iron	¹ ∕₂ mg iron	0.1 mg iron

Review Lab Exercise

- What nutrient was the hardest to balance? Why? ______
- What happened if you tried to add more than one serving of string cheese? _______
- 3. What happened when you added too much orange juice?
- 4. Our bodies need 18 essential nutrients for good health. How do you think adding 10 more nutrients to the equation would change this exercise?

