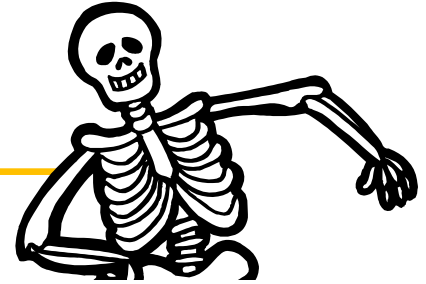


# Dairy & Good Nutrition

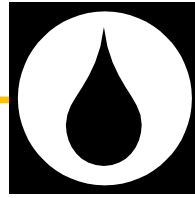
*What nutrients are found in milk?*

**CALCIUM**

**VITAMIN D**



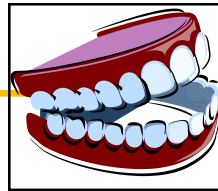
**POTASSIUM**



**MAGNESIUM**



**PHOSPHORUS**



**PROTEIN**



**RIBOFLAVIN**



**VITAMIN A**



**VITAMIN B<sup>12</sup>**

