Cows are milked by machine at least twice a day. Pump it. Cool it. Milk is cooled to keep it fresh and good tasting. Wherever you drink milk, it's good for you. That's because milk helps build strong bones and teeth.

Every day or two, milk is taken to a dairy plant for processing and bottling. Thanks to a modern delivery system, people of all ages can drink good tasting, fresh milk wherever they are.

Milk is pasteurized for your health. Milk is tested to assure its freshness and safety. Milk is never touched by human hands. Milk is stored in a refrigerated room until it is loaded on a delivery truck.

Milk comes from healthy, well-fed cows. The cow's udder is cleaned. This helps keep the milk clean. And it is a signal for the cow to "let down" her milk. Then the cow's body uses these foods to make milk.

Milk is collected and cooled in the milking parlor. The cow's udder is cleaned. This helps keep the milk clean. And it is a signal for the cow to "let down" her milk.

Milk is processed and bottled. Every day or two, milk is taken to a dairy plant for processing and bottling. Then the cow's body uses these foods to make milk.

Milk is delivered to many places. Thanks to a modern delivery system, people of all ages can drink good tasting, fresh milk wherever they are.

Milk is collected and cooled in the milking parlor. Milk is pasteurized for your health. Milk is tested to assure its freshness and safety.

Milk is homogenized and pasteurized. Milk is heated to a high temperature to kill bacteria. This keeps milk fresher longer.